

# THE FAMOUS R<sup>3</sup>

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## *Reduce, Reuse and Recycle*

We here this three words being used together commonly. It's even rhyming to say and colorful when printed on billboards and T-shirts. But the important thing we should consider is, their meaning and how we can implement them in our daily life.

So here I want to give you few tips on how to follow this R3 in our daily life.

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## Reduce

Reducing means cutting down on the amount of garbage or trash that is made. To do this you can:

- Buy items which are important and to the amount that it is required. This is especially important to consider during this time of year as it is Ramadan month.
- Search for items that can be used to minimize the trash. You can do wonders with creative mind and make an amazing piece of art.
- Reduce pollution by walking. This can be good for both health and wealth.
- Switch off, switch off and switch off the lights, laptops, fans and taps to reduce electricity and water when you finish using them.

## Reuse

Reuse means using something again rather than throwing it out. That usually means finding a new use, such as making a jelly jar into a drinking glass.

- Did you know that 2.5 million plastic water bottles are reused every day? Make sure to recycle your water bottles or reuse them by filling them up with water from your home.
- Did you know plastic bags, coffee cans, and wrapping paper can be reused? Think about all the items in your home. Which ones can you reuse?
- Reuse plastic food containers such as margarine tubs. They're strong enough to be used several times, and they're great for leftovers!

## Recycle

Recycling takes materials from items you have finished using and makes them into brand new products. For example, most aluminum cans are made with recycled aluminum. So if you drink juice from a can, recycle that can instead of throwing it in the trash. That can will then stay in the recycling loop.

·Did you know that you can recycle electronic items in your home? Take your old DVD Player, TV and computer to repair before throwing them.

Some even collect wires, tin cans and papers. Sell them and make some pocket money!

·You know you can recycle more of your things than you thought? Your computer, printer, and video games can all be recycled – same with the batteries that are inside your electronic toys.