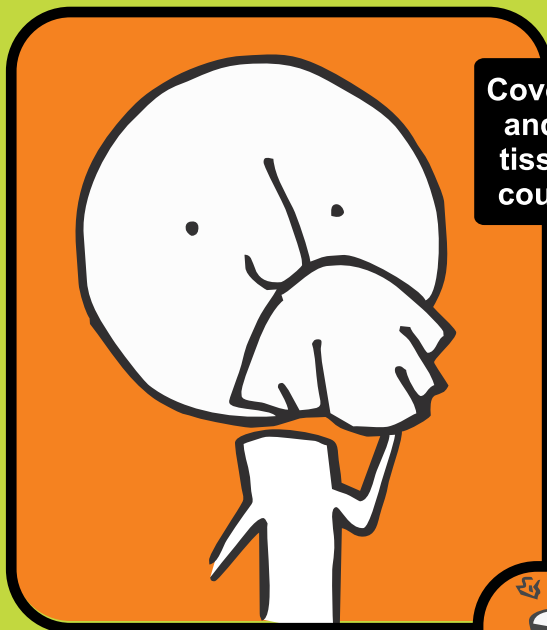


Stop the spread of germs that make you and others sick!

# Cover your Cough



Cover your mouth and nose with a tissue when you cough or sneeze

or

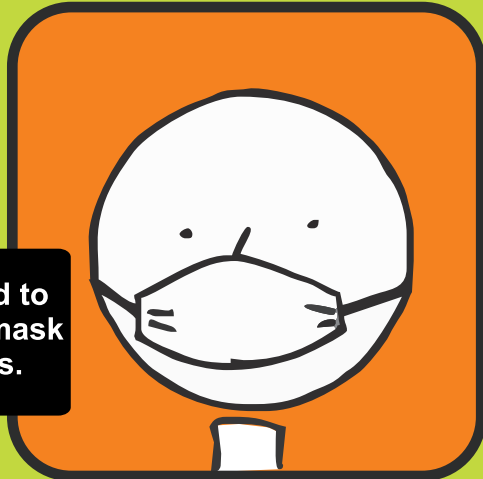
cough or sneeze into your upper sleeve, not your hands



Put your used tissue in the waste basket.



You may be asked to put on a surgical mask to protect others.



# Clean your HANDS

after coughing or sneezing.



Wash with soap and water

or

clean with alcohol-based hand cleaner.

